

December 2021



LUNCH MENU
WEEKDAYS: 1100-1300
WEEKENDS: 1130-1330

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28	29	30	1	2	3	4
			Spicy Catfish Poboy Shrimp Creole Cajun Meatloaf Red Beans and Rice Crispy Potato Wedges Corn on the Cob Cajun Style Vegetables Peas w/ Onion Brown Gravy DAY 24	Baked Dijon Pork Chop Spinach Lasagna Baked Florentine Turkey Roulade Italian Style Baked Beans Barley with Winter Vegetables Sautéed Collard Greens Cauliflower Combo Scalloped Corn Chicken Gravy DAY 25	Lasagna Egg Plant Parmesan Pasta Toscano Franconia Potatoes Sicilian Brown Rice w/ Vegetables Grilled Asaragus Roasted Zucchini Squash & Tomatoes Italian Style Baked Beans Turkey Gravy	Baked Chicken Southwestern Shrimp Linguine Beef Bulgogi Sicilian Brown Rice w/ Veggies Garlic Mashed Potatoes Herbed Green Beans Sweet Potatoes Southern Style Braised Cabbage Chicken Gravy DAY 27
5	6	7	8	9	10	11
Creole Fish Fillets Stir Fry Chicken w/ Broccoli Teriyaki Steak Lyonnaise Rice Roasted Pepper Potatoes Honey Glazed Pea Pods and Carrots Roasted Cauliflower French Style Greenbeans Onion Gravy DAY 28	Grilled Pork Chop Sweet Chili BBQ Meatball Harvest Vegetable and Bean Ragout Rice Palf Baed Sweet Potatoes Sautéed Collard Greens Black Eyed Peas Vegetable Medley Chicken Gravy DAY 1	Fiesta Fish Southwestern Sweet Potatoes Black Beans and Corn Yankee Pot Roast Spinach and Tomato Orzo Simmered Pinto Beans Peas Cauliflower Fried Okra Dinner Rolls DAY 2	Shrimp Kabob Beef Stir Fry Teriyaki Chicken Garlic Soy Roasted Potatoes Steamed Rice Green Bean Sesame Glaze Oriental Stir Fry Cabbage Carrots Dinner Rolls DAY 3	Mediterranean Salmon Mediterranean Pot Roast Greek Lemon Turkey Pasta Mediterranean Pasta Salad Brown Rice w/ Tomatoes Greek Style Grilled Vegetables Mediterranean Grilled Asparagus Mediterranean Vegetable Salad Cream Gravy MEDITERRANEAN MEAL	Polish Sausage Baked Salmon German Chicken Schnizel Buttered Parsley Potatoes Brown Rice w/ Tomatoes Sautéed Peppers and Onions Brussel Sprouts Mixed Vegetables Mushroom Gravy Dinner Rolls DAY 5	Santa Fe Glazed Chicken Oven Fried Fish Beef Ball Stroganoff Hopping John Rice Cottage Fried Potatoes Peas and Carrots Fried Cauliflower Savory Summer Squash Chicken Gravy Dinner Rolls DAY 6
12	13	14	15	16	17	18
Hamburger Yakisoba French Fried Shrimp Bourbon Chicken Steamed Rice Roasted Pepper Potatoes Roasted Zucchini Squash w/ Tomatoes Japanese Stir Fry Vegetables Succotash Chicken Gravy Dinner Rolls DAY 7	Caribbean Catfish Jerk Roast Turkey Beef Vindaloo Steamed Rice Mashed Potatoes Roasted Butternut Squash French Style Green Beans Galric Peas Chicken Gravy Dinner Rolls DAY 8	Hash Kale and Vegetables Meat Loaf Baked Chicken Baked Mac and Cheese Mashed Potatoes Honey Glazed Pea Pods and Carrots Black Eyed Peas Cautéed Mushrooms and Onions Chicken Gravy DAY 9	Lemon Basil Shrimp Pasta Meaditerranean Quinoa Cakes Gyros Roasted Redskin Potatoes Barley Pilaf Roasted Zucchini Squash w/ Tom Mediterranean Lima Beans Greek Style Grilled Vegetables Tahini Sauce Dinner Rolls DAY 10	Southern Fried Chicken Baked Fish BBQ Brisket Spicy Brown Rice Pilaf Sweet Potatoes Southern Style Southern Style Collard Greens Corn Stewed Tomatoes Chicken Gravy Dinner Rolls DAY 11	Savory Baked Chicken Cauliflower Veggie Quesadillas Fried Salmon w/ Citrus Butter Savory Style Beans Oven Brownd Potatoes Cauliflower Au Gratin Carrots on the Griddle Broccoli Brown Gravy Dinner Rolls DAY 12	French Fried Shrimp Hot and Spicy Chicken Ziti with Meat Sauce Harvest Blend Rice Buttered Parsley Potatoes Herbed Green Beans Zucchini and Yellow Squash Gratin Chicken Gravy Dinner Rolls DAY 13
19	20	21	22	23	24	25
Broccoli Quiche Shrimp Scampi Chicken Parmesan Boston Baked Beans Buttered Egg Noodles Roasted Butternut Squash Peas w/ Mushroom and onions Cauliflower Combo Brown Gravy Dinner Rolls/ Bread Sticks DAY 14	Roast Beef Chicken Cordon Bleu Pasta Primavera Steamed Rice Mashed Potatoes Broccoli Combo Cream Style Corn Roasted Brussel Sprouts Brown Gravy Dinner Rolls/ Corn Bread DAY 15	Chciken Kabob Peper Steak Tuna Noodles Southwestern Rice Roasted Redskin Potatoes Hacienda Corn and Black Beans Mexican Corn Sautéed Mushrooms and Onions Chicken Gravy Breadsticks DAY 16	Beef Brogul Pork Schnitzel Fish Onion-Lemon Baked Hot German Potato Salad Sauerkraut Carrots Broccoli Polonaise Turkey Gravy Dinner Rolls DAY 17	Mambo Pork Roast Marinated Tomatoes With Penne Pineapple BBQ Meatballs Islander Rice O' Brien Potatoes Curried Cauliflower Roasted Butternut Squash Vegetable Medley Brown Gravy DAY 18	Chciken Fajita Quinoa Stuffed Green Peppers w/ Turkey Lentils Swiss Steak w/ Brown Gravy Brown Rice w/ Tomatoes Simmered Pinto Beans Peas Mediterranean Grilled Asparagus Succotash Brown Gravy Corn Bread DAY 19	Roast Rib of Beef Roast Turkey Baked Ham Mashed Potatoes & Sweet Pot. Casserole Corn Bread Dressing Baked Mac and Cheese Green Beans w/ Mushrooms Southern Style Collard Greens Cremed Style Corn Brown Gravy CHRISTMAS MEAL
26	27	28	29	30	31	1
Turkey A La King Cheese Tortellini with Marinara Fish w/ SW Salsa Spinach and Tomato Orzo Parmesan Rice Roasted Cauliflower Broccoli Mixed Vegetable Creamed Gravy Dinner Rolls & Breadsticks DAY 21	Peppered Steak Pork Adobo Baked Fish w/ Lemon Garlic Butter Filipino Rice Oven Brownd Potatoes Corn Calico Spinach Vegetable Tempura Chicken Gravy Dinner Rolls	Basil Baked Fish Turkey Breast Fillet Pasta Provençal Masked Potatoes Jefferson Noodles Cauliflower Carrots Broccoli Parmesan Turkey Gravy Dinner Rolls & Corn bread DAY 23				

BACK ON ROTATION NORMAL DAYS:

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| Roast Turkey | Ginger BBQ Chicken |
| Polock w/ Crispy Herb Parmesan | Braised Beef and Noodles |
| Breadcrumbs | Southern Fried Catfish |
| Stuffed Green Peppers | Red Beans and Rice |
| Corn Bread Dressing | Mashed Potatoes |
| Baked Sweet Potatoes | Corn |
| Corn O'Brien | Spinach |
| Peas and Carrots | Harvest Beets |
| Fried Cabbage | Brown Gravy |
| Turkey Gravy | DAY 4 |
| DAY 26 | |